

TSRC 2017 Summer Dressage Camps with Mary Flood

Place:

Wildfire Farm, 39856 Rodeffer Road, Lovettsville, VA 20180

Dates:

Week #1

Monday, August 21 through Wednesday, August 23. Friday, August 25 is optional Fix A Test.

Week #2

Monday, August 28 through Wednesday, August 30. Friday, September 1 is optional Fix A Test.

Time:

5pm–6:25pm **Training** level group.

6:30–7:55pm **Training – First** level group

(note these are dressage levels, not eventing levels)

Each group works for 85 minutes each evening.

Size of group:

Training level = 4 students

Training – First level = 4 students

Minimum requirements:

Training level

Horse and Rider must have an understanding of riding forward with a steady tempo into an elastic contact. Rider must have with independent, steady hands and a correctly balanced seat at a walk, trot and canter. Please, no chartreuse green horses.

Training – First level

The rider must possess the above and correct knowledge of the use of the aids while the horse must be accepting of them. Horse should demonstrate suppleness and move freely forward in a clear rhythm with a steady tempo, accepting contact with the bit at a walk, trot and canter. There will be particular attention to lateral movements and lengthening.

Syllabus:

The first three days will be spent learning, practicing and refining the elements of appropriate level dressage tests. To include emphasis on why the movements are important for everyday riding as well as for competition. Horse and rider will learn the differences between medium and working gaits and work toward lengthening stretching down, bending laterally and acceptance of, and yielding to, the aids. Other

topics that will be covered are properly fitting tack and fitting leg protection for horses. Other topics to be determined.

Friday, is optional. Should students wish to participate they will ride their choice of dressage test in a "Fix A Test" format. Riders will declare their choice of test on Wednesday.

Riders are encouraged to audit other camp groups and dressage tests at no charge. Week #1 campers are invited to watch the Week #2 Fix A Tests on **Friday, September 2** and join in on the potluck social to be held following completion of the tests.

Cost:

To participate as a rider: The first three days camp \$200. Optional Friday Fix A Test \$55

To audit as a non-rider: \$50 each week

Registration:

Registration will be accepted starting July 3. Starting July 3 there is a 5 day waiting period for double registration should spots be available. Incomplete registrations will not be processed.

You register, you own it. No refunds. You are responsible for finding a replacement should you not be able to attend.

Members will be pulled from a wait list to fill openings. Checks will not be deposited until the day before your camp. You must be a member in good standing to attend.

Coordinator:

Mary Gustafson 703-728-0738 or tsrc.lessons@mindspring.com

2017 Schedule for Dressage Camps Weeks #1 and #2

Day one (Monday):

Ground techniques, work on position, developing basic gaits

5:00 Training Level riders mounted and ready for lesson

6:30 Training – First Level riders mounted and ready for lesson

Day two (Tuesday):

Gymnastic exercises for the horse to include longitudinal suppling, switch horses for part of the lesson

5:00 Training Level riders mounted and ready for lesson

6:30 Training – First Level riders mounted and ready for lesson

Day three (Wednesday):

Gymnastic exercises for the horse to include lateral suppling. Understanding the difference between Training and First Level

5:00 Training Level riders mounted and ready for lesson

6:30 Training – First Level riders mounted and ready for lesson
Riders will choose which test they wish to ride for Fix A Test. On Friday, bring three copies of test (one for judge, one for scribe and one for you to study)

Day four (Friday):

Fix A Tests will begin at 5:00 until done (you may arrive early to warm up).

Riders will ride in alphabetical order and be given approximately 20 minutes to ride and re-ride their test or work on schooling figures.

General information:

Park facing the indoor school. Park as close together as is reasonable. Over flow should park by barn (next to the orange tractor and chicken house). Stay on the drive. To leave, you will simply go forward and drive around the back of the house.

Please do not bring dogs.

No do not ride, park or graze on the grass.

Warm up in whichever ring is not being used.

All riders and auditors must sign a waiver upon arrival at Wildfire Farm.

Bring water for you and your horse and a camp chair as needed for sitting outside to audit.

Campers are free to audit other camps. For non-camper TSRC members there is \$50 fee for auditing. Checks to be made payable to TSRC.

Potluck is on Friday, September 1 starting after all riders complete Fix A Test. Bring a dish to share. TSRC will provide bottled water, soft drinks, ice, eating utensils, plates, cups and napkins.

Enjoy, learn and have fun!

If further information is needed please contact Mary Gustafson 703-728-0738
tsrc.lessons@mindspring.com.